

Government of Karnataka
Karnataka school examination and assessment board 2nd year PUC supplementary
examination may/ june 2023
Scheme of evaluation
Subject : Beauty and Wellness. Subject code :65
SUPPLEMENTARY 2023-SCHEME OF EVALUATION.

PART-A

I. Chose the correct answer.

10*1=10

1. d)Atrophy
2. d)Leech
3. d)Brazillian manicure
4. d)All of the above are correct
5. d)Fish pedicure
6. b)Otoplasty
7. b)Flesh pink
8. a)Loreal
9. c)powdered lighteners
10. d)lead time

II.

PART-B (any 10)

10*2=20

11. Mahanarayana oil, sesame oil

12. Maintaining weight-calories in balance-

Gaining weight- Calories excess

Losing weight-calories deficient

13. To maintain the health of those who are well and to cure diseases of those who are sick.

14 .trimming disk,tapered cone,foot cone,emery barrel,felt buffing cone,circular brush

15 .its a series of massage strokes in seadish massage to warm up the muscles

16 .a simple foot treatment which involves foot soaking scrubbing clipping shaping them massaging the foot and moisturising.

17 .paraffin pedicure,spa pedicure,fish pedicure,stone pedicure

18 .because it can be done quickly in dermatologist office

19 .Co2 laser requires 2 weeks of recovery period where as erbium laser treatment requires one week of recovery period

20 .cleansing milk,foaming cleanser,cleansing bar,medicated cleanser,cleansing granules,eye makeup removers

21 .feathered hair cut was popular in the year 1970,it was adopted by actress Farrahffawcett. Layered hair cut was popular in the year 1990s,this hair cut became popular by the actress Jennifer aniston

22. cap technique,foil technique,balayage technique.

23 .loreal,well.matrix.godrej

III.

PART-C (any 6)

6*3=18

24 .Laughter releases feel good hormone called endorphins,this boosts immunityand stresshormones.

Sleep is important for overall wellbeing.insufficient sleep increases the hunger and impairs metabolism.

It is important to keep our mind active by doing cross word puzzles,diversifying interests,and find a hobby

25 .nutrients are classified as,proteins,carbohydrates,fats,vitamins,minerals,water,roughages

26 .prepare the nails by sanitizing the nail beds,apply base coat,apply one coat coloured polishas base colour,apply second coat polish,making it thinnerat the free edge,after the base layers are dryuse second colour to paint the end at an angle leaving spaceso that the base colouris still visible.

27 .gels are odourless ,they produce no fumes, less filing is equired ,gives a natural look,they are flexible and light weight

28 .pedicure refers to the superficial cosmetic treatment of foot and toenails.

Spa pedicure,fish pedicure,paraffin pedicure,stone pedicure.

Spa pedicure receives all the basic of the regular pedicure with paraffin wax,mud pack or salt rub.

29 .the art of concealing unwanted marks, on the skin using specialized products is called camouflage makeup.

Ares that requires camouflage are birth marks,colasma,vitiligo,acne marks.

30 .thread no.40,scissors,powder,cotton,astringent

31 .covering up grey hair ,to create a fashion statement,to enhance existing colour

32 .can be damaging to the hair ,requires more salon time, hair needs more reconditioning.

33 .manager,assistant manager,receptionist,senior therapist,trainer,attendants,consultant

34. Pancha means five, and karma means treatment. they are ,

Emesis: in this the person is made to drink 8-10 glasses of milk /cane sugar to vomit toxins in proper guidance.

Enema/basti: in this water /oil is given in the form of enema, which helps to remove faecal blocks so by cleansing and toning of the colon

Virechana/purgation: in this treatment patient is made to defecate for number of times which removes excess pitta.

Nasya/nasal therapy: in this 2 drops of herbal oil is dropped in each nostril depending on the conditions.

Raktamokshana: it is done with the help of leech which sucks blood toxins from the affected part.

35 .cleanse the face and neck, apply toner and moisturizer, apply base, conceal the face, highlight and contour, apply foundation, apply powder, apply blusher, apply eye makeup, apply lip makeup

36 .temporarily straightens extremely curly or unruly hair. there are 3 types

Soft press: which removes 50-60 % of curls, is accomplished by pressing once on each side of hair.

Medium press: this removes 60-75% of curls, is accomplished by pressing once on each side of the hair with slightly more pressure

Hard press: this removes 100% of curls, is accomplished by pressing hair twice on both sides of the hair.

37 .all the materials, parts, supplies, expenses and in process or finished products recorded on the books by an organisation and kept in its stocks, warehouse or plant for some period of time.

Objectives of inventory control are

Protection against fluctuation in demand

Better use of men, machines and materials

Protection under fluctuation in output

Control of stock volume, control of stock distribution.